



SOUTH WINNIPEG SENIORS RESOURCE COUNCIL

25th Anniversary edition

Annual General Meeting

June 12, 2019

South Winnipeg Seniors Resource Council's

25th Annual General Meeting Wednesday, June 12, 2019 11:00 a.m.

Schedule of Events

Crescentwood Community Centre – 1170 Corydon Ave.

- | | |
|--|---------------------|
| 1. Welcome, and Introductions | Chas Van Dyck |
| 2. 25 th anniversary Celebrations | Board at Large |
| 3. Presentation from Community Consultations | Leskiw & Associates |
| 4. Break & Refreshments | |
| a. Cake cutting | |
| 5. 25 th Annual General Meeting | Chas Van Dyck |

Annual General Meeting Agenda
Wednesday, June 12, 2019
Crescentwood Community Centre – 1170 Corydon Ave.

1. Welcome, Call to Order and Introductions Chas Van Dyck
2. Approval of Agenda Chas Van Dyck
3. Approval of Minutes – AGM June 20th, 2018 Chas Van Dyck
4. Reports
 - 4.1. Co-Chairs' Chas Van Dyck
 - 4.2. Treasurer's Geri Lowe
 - 4.3. Resource Coordinator's Martin Landy
 - 4.4. Board Development Committee Syva-Lee Wildenmann
 - 4.5. Board Governance Committee Denise Bowker
 - 4.6. Community Outreach Committee Gerri Thorsteinson
 - 4.7. Congregate Meal Program Committee Geri Lowe
 - 4.8. Human Resources Committee Lisa Sinnicks
5. Motions Chas Van Dyck
 - 5.1. Approval of Board of Directors
 - Denise Bowker Fred Chernoff Geri Lowe
 - Roberta Malam Lisa Sinnicks Gerri Thorsteinson
 - Chas van Dyck Syva-Lee Wildenmann
 - Debbie Wolfson Louise Jutras
- Ex-Officio:
Martin Landy
6. Adjournment of AGM Chas Van Dyck

South Winnipeg Seniors Resource Council

Annual General Meeting Minutes

Wednesday, June 20, 2018

11:00 am

Riverview Community Centre - 90 Ashland Ave.

Present: Chas Van Dyck (co-chair), Lisa Sinnicks (co-chair), Syva-Lee Wildenmann (treasurer), Gerri Thorsteinson (past co-chair), Fred Chernof, Geri Lowe, Denise Bowker, Debbie Wolfson (secretary), Martin Landy (resource finder -ex-officio)

Regrets: Roberta Malam

Guests: Kathy Henderson, W.R.H.A.

Presentation: Before the formal meeting began, Chas welcomed board members and guests. Introductions were made around the table. A special thank you was given to Kathy Henderson and the WRHA for their support to SWSRC. A presentation was made by Thelma Hanson (and Marla) from Grands 'n' More (supporting grandmothers in sub-saharan Africa through the Stephen Lewis Foundation). Martin Landy presented a preview of the new SWSRC website. The referral section is under construction as resources will be updated by a summer student. They should be available by mid-late September. There was a break for refreshments at 12:15.

1. **Welcome and Call to Order:** Co-chair Chas Van Dyck called the meeting to order at 12:45 pm.

2. **Approval of Agenda:**

Motion: That the agenda be approved as presented.

Moved: Syva-Lee Wildenmann **Seconded:** Geri Lowe **Carried**

3. **Approval of Minutes- AGM June 16, 2017**

A correction was made to spelling of Syva-Lee Wildenmann's name in section 4.3.

Motion: That the minutes of June 16, 2017 be accepted with correction.

Moved: Geri Thorsteinson **Seconded:** Geri Lowe **Carried**

4. **Reports:** All written reports were included in the AGM package distributed at the meeting.

4.1 **Co-chair's report:** presented by Chas van Dyck (with Lisa Sinnicks). Complete report was distributed. Chas reported it had been an interesting but at times challenging year. We hired our new Resource Coordinator, Martin Landy. Our Nassau Street congregate meal program transitioned over to the Manitoba

Housing Meal Program. Our main concern was that the residents would continue to be well served. We had two board resignations, and welcomed a new board member, Denise Bowker. Chas was sorry to see co-chair Lisa Sinnicks not continue in her position, but pleased with her continuing activity on the board and on committees. **Motion:** to approve Co-Chair's Report: Chas Van Dyck, **Seconded:** Debbie Wolfson **Carried**

4.2 Treasurer's report: presented by Syva-Lee Wildenmann

Syva-Lee presented three separate reports- one for SWSRC general fund, one for the meal programs, and one including both. The general fund showed a surplus of \$51,413. The Meal programs showed a surplus of \$11,339. The total of both programs was \$62,751.

Motion: To accept financial reports as presented. **Moved:** Syva-Lee Wildenmann, **Seconded:** Gerri Thorsteinson **Carried.**

4.3 Resource Coordinator's report: presented by Martin Landy

A complete report was circulated. Martin highlighted his work over the last 8 months, including: transitioning Nassau Congregate Meal Program, establishing a new website, bi-monthly e-mail blasts to over 200 recipients, re-establishment of community connections, working on Community Consultation process, updating resource information, and establishing wider distribution of rack cards. **Moved** to accept report: Debbie Wolfson **Seconded:** Louise Jutras. **Carried.**

4.4 Financial Committee Report: presented by Syva-Lee Wildenmann.

The committee has met several times to review the finances of SWSRC including the meal programs. The committee also worked on a proposed budget for 2018/19 that was ratified by the board.

4.5 Congregate Meal Program Committee: presented by Geri Lowe.

A complete report was circulated. The committee members included Geri Lowe and Chas Van Dyck. The committee provided support to the Resource Finder throughout the year regarding staffing of programs and initiatives to ensure the programs remained sustainable. Of note was the transition of the managing of the Nassau program to Manitoba Housing Meal Program.

4.6 Human Resources Committee: presented by Lisa Sinnicks

A complete report was circulated. The year began for the HR committee with a major staffing change subsequent to the resignation from our former Resource Finder. An updated job description was developed, a job search was conducted and eventual hiring of Martin Landy.

4.7 Community Outreach Committee: presented by Gerri Thorsteinson.

A complete report was distributed. The committee met several times to provide input into the lay-out and formatting of SWSRC's new website. Content from the FYI brochures will be updated and added during the summer. The committee proposed that a community consultation be held this fall with older adults at up to ten locations within our catchment area to discuss their interests, concerns and challenges. This facilitated dialogue will provide valuable feedback for the purpose of designing and implementing SWSRC's new strategic plan.

4.8 Nominating Committee: presented by Gerri Thorsteinson

A correction was made to the printed slate- Chas is with Royal La Page (not ReMax).

Presented Slate of Officers for the 2018-2019 fiscal year as follows:

Denise Bowker	Fred Chernoff	Francis Eyamba
Geri Lowe	Roberta Malam	Lisa Sinnicks
Gerri Thorsteinson	Chas Van Dyck	Syva-Lee Wildenmann
Debbie Wolfson		

Nominations from the floor were called for three times. Louise Jutras expressed interest in sitting on the board. The executive will follow up with Louise with a board application. Chas thanked Louise for her interest.

Motion: that the slate of officers be accepted as presented. **Moved:** Gerri Thorsteinson, **Seconded:** Syva-Lee Wildenmann. **Carried.**

Motion: To accept reports 4.4, 4.5, 4.6, & 4.7 was made by Chas Van Dyck. **Seconded:** Denise. **Carried**

- 5 **Adjournment:** **Motion:** That the Annual General Meeting be adjourned at 1:17 pm. **Moved:** Chas Van Dyck **Seconded:** Debbie Wolfson **Carried**

Co-Chair Report – SWSRC AGM 2019

It has been a busy, interesting, and rewarding year for South Winnipeg Seniors Resource Council, and Syva-Lee and I want to thank all our board members for their hard work and commitment on several fronts.

This was our first full year with our Resource Coordinator, Martin Landy, and he continues to bring new vigour and fresh ideas to his position and to the board in general. In an attempt to become more visible to the community at large, he has instituted a regular schedule of "pop-up" office hours at various locations, including shopping centres, seniors centres, libraries, etc. He will give you more details on that in his report, I'm sure. Another initiative that he suggested and has largely spearheaded is a series of community consultations, to better educate ourselves as to what the seniors in our catchment area actually need and want from us, as an information hub. We will be having a report on those consultations in a few minutes. And, to help us with some of the many tasks that these initiatives have created, Martin successfully applied for a grant so we could hire a summer student. This is proving to be a great help to SWSRC.

Last year you may remember, we reported that board governance and board recruitment and retention were going to be priorities for us. Well, we delivered on that. We have had a very active governance committee that has worked hard on educating us on various governance models, mandating the various committees to standardize their terms of reference, and leading us through revisions of our bylaws to ensure they are still serving our needs at this time. Special thanks to Denise Bowker for chairing the governance committee and cracking the whip when deadlines were looming, so we could progress with our work. Also, the untiring work of Geri Lowe and Martin Landy on that committee is greatly appreciated.

The governance committee has also done considerable work on procedures for recruitment and retention of board members, with a skills assessment tool to help us match needs on the board with the skill sets that individuals bring to the board.

Our outreach committee has been busy with the rolling out of our new website, and special thanks is in order to chair Gerri Thorsteinson, and committee members Louise Jutras, Denise Bowker, Debbie Wolfson, Fred Chernoff, and Martin Landy for their great work on this initiative. Our website is looking good and will be fleshed out with more information in the coming weeks and months.

We look forward to another productive year as we embark on a new strategic plan which will grow out of the community consultations that we have just completed.

I want to personally thank Syva-Lee Wildenman for serving as co-chair. It has been a pleasure filling this role together with you, and although you won't be in this position for the coming year, we're all very grateful that you will continue to serve our Board with your many skills and talents.

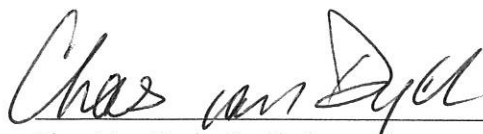
We wish all of you a great summer break and look forward to seeing you for a new season starting in September.

Respectfully submitted by Chas van Dyck
Co-Chair with Syva-Lee Wildenmann

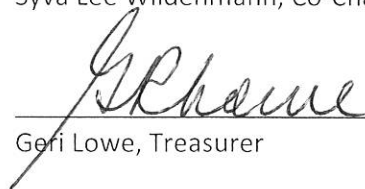
SOUTH WINNIPEG SENIORS RESOURCE COUNCIL INC.

STATEMENT OF REVENUE, EXPENDITURES AND SURPLUS - GENERAL FUND FOR THE PERIOD APRIL 1, 2018 TO March 31, 2019

	<u>2019</u>	<u>2018</u>
REVENUES		
Winnipeg Regional Health Authority	\$ 42,003	\$ 42,003
Transfer from Meal Programs - administration fee	\$ 10,000	\$ 7,022
E.R.I.K. Program & General Donations	\$ 355	\$ 547
Canada Summer Jobs Grant	\$ 2,907	
	<u>55,265</u>	<u>49,572</u>
EXPENDITURES		
E.R.I.K. supplies	\$ -	\$ -
Mileage	\$ 2,059	\$ 1,301
Miscellaneous	\$ 233	\$ 512
Office Supplies, Postage & Equipment	\$ 1,876	\$ 1,892
Printing & Photocopying	\$ 675	
Internet and telephone	\$ 1,031	
Community Outreach	\$ 1,897	\$ -
Special Projects	\$ -	
Professional Development	\$ 525	\$ -
Professional fees/Legal	\$ 40	\$ 25
Board Expenses	\$ 697	\$ 562
Wages and employee benefits	\$ 45,305	\$ 36,501
WCB	\$ -	\$ 169
Volunteer Appreciation	\$ -	\$ -
Parking - Riverview & casual	\$ 490	\$ 500
	<u>54,827</u>	<u>41,461</u>
EXCESS OF REVENUES OVER EXPENDITURES	438	8,111
SURPLUS, BEGINNING OF YEAR	<u>51,412</u>	<u>43,302</u>
SURPLUS, END OF YEAR	<u><u>\$ 51,850</u></u>	<u><u>\$ 51,412</u></u>


Chas Van Dyck, Co-Chairperson
Syva Lee Wildenmann, Co-Chairperson

Date June 10, 2019



Geri Lowe, Treasurer

Date June 10, 2019

SOUTH WINNIPEG SENIORS RESOURCE COUNCIL INC.
STATEMENT OF REVENUE, EXPENDITURES AND SURPLUS - DELMAR MEAL PROGRAM
FOR THE PERIOD APRIL 1, 2018 TO March 31, 2019

	<u>2019</u>	<u>2018</u>
REVENUES		
Winnipeg Regional Health Authority	\$ 12,384	\$ 12,449
Sales	\$ 37,523	\$ 32,489
Other Income	\$ -	\$ 67
	<u>49,907</u>	<u>45,005</u>
EXPENDITURES		
Food	20,668	17,871
Supplies & Equipment	320	70
Wages and employee benefits	21,632	19,114
Volunteer Recognition	240	240
Bank Fees	152	115
Staff Expenses		
Professional Development		
Administration	10,000	5,000
Miscellaneous		90
	<u>53,012</u>	<u>42,501</u>
EXCESS OF REVENUES OVER EXPENDITURES	(3,105)	2,504
SURPLUS, BEGINNING OF YEAR	\$ 10,373	\$ 7,868
SURPLUS, END OF YEAR	\$ 7,268	\$ 10,373


 Chas Van Dyck, Co-Chairperson
 Syva Lee Wildenmann, Co-Chairperson


 Geri Lowe, Treasurer

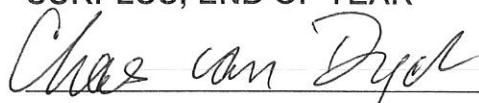
Date June 10, 2019

Date June 10, 2019

SOUTH WINNIPEG SENIORS RESOURCE COUNCIL INC.

STATEMENT OF REVENUE, EXPENDITURES AND SURPLUS - COMBINED FOR THE PERIOD APRIL 1, 2018 TO March 31, 2019

	<u>2019</u>	<u>2018</u>
REVENUES		
Winnipeg Regional Health Authority	\$ 54,387	\$ 54,452
Transfer from Meal Program - administration fee	\$ 10,000	\$ 7,022
Meal Sales	\$ 37,523	\$ 32,489
Other Income - including FYI sponsorship & fundraising		\$ 67
E.R.I.K. Program & General Donations	\$ 355	\$ 547
Canada Summer Jobs Grant	\$ 2,907	
	<u>105,172</u>	<u>94,577</u>
EXPENDITURES		
Food	\$ 20,668	\$ 17,871
E.R.I.K. supplies	\$ -	\$ -
Mileage	\$ 2,059	\$ 1,301
Miscellaneous	\$ 233	\$ 602
Supplies & Equipment/Office Expenses	\$ 2,196	\$ 1,962
Printing & Photocopying	\$ 675	
Internet and telephone	\$ 1,031	
Community Outreach	\$ 1,897	\$ -
Special Projects		
Professional Development	\$ 525	\$ -
Professional/Legal/Bank fees	\$ 192	\$ 140
Board Expenses	\$ 697	\$ 562
Volunteer Recognition	\$ 240	\$ 240
Administration-transfer from meal Program to General Fund	\$ 10,000	\$ 5,000
Wages and employee benefits	\$ 66,937	\$ 55,615
Parking - Riverview & Casual	\$ 490	\$ 500
WCB	\$ -	\$ 169
	<u>107,839</u>	<u>83,962</u>
EXCESS OF REVENUES OVER EXPENDITURES	(2,667)	10,615
ADJUSTMENT FOR ACCRUAL		
SURPLUS, BEGINNING OF YEAR	<u>61,785</u>	<u>51,170</u>
SURPLUS, END OF YEAR	<u>\$ 59,118</u>	<u>\$ 61,785</u>



Chas Van Dyck, Co-Chairperson

Syva Lee Wildenmann, Co-Chairperson



Geri Lowe, Treasurer

Date June 10 2019.

Date June 10, 2019

**FINANCIAL REVIEW AND REPORTS FOR
APRIL 1, 2018 – MARCH 31, 2019
SOUTH WINNIPEG SENIORS RESOURCE COUNCIL INC.**

Notice to Reader:

The Board of South Winnipeg Seniors Resource Council, Inc. carries out the financial review of its accounts internally and does not engage an outside reviewer. This decision was made based on the fact that our funder, the Winnipeg Regional Health Authority does not require a professional review of our accounts. As per the By-Laws of South Winnipeg Seniors Resource Council, the review was conducted by two members of the Board of Directors, who are non-signatories on the accounts of the Council.

Statement by the Reviewers:

We have reviewed all financial documents of South Winnipeg Seniors Resource Council Inc. and the Delmar Meal Program and believe these statements be accurate, valid and following rules of good practice.

M.T. Louise Jutras
Signature

Roberta Malcom
Signature

M.T. LOUISE JUTRAS
Print Name

ROBERTA MALCOM
Print Name

Mon 27 May 2019
Date

Mon 27 - May 2019
Date

Resource Coordinator Report

The past 12 months have been very busy and very productive for the SWSRC and myself. We have grown our community outreach from a few hundred contacts in 2016 to over 1,000 in this past year. This was achieved due to changes in our approach to connection with the community.

One factor was changing our focus from community presentations on topics from Fall-Prevention, Medication management and the role of the SWSRC to Community Pop-up Offices. This “Pop-up’s” took place were the community gathers; from Grant Park Shopping Centre, to community Libraries, to Health and fitness centres and to community living facilities. On average, we held four (4) pop-ups a week from October 2018 to end of May 2019.

As we were in the community, we had to ensure we had relevant and updated information. To this end, we spent the summer reviewing and revising our “For Your Information (FYI) series of 7 booklets to ensure all our information was current and connected to the community. We distributed over 700 booklets in the past 8 month.

We also revised our logo, font and rack cards to ensure we had consistent look that was easy to read for all.

Our website added a new section: Resources. This section allows us to gather a wide range of current information and post it on our site so it is accessible and downloadable. This ensures a wide distribution of information.

We engaged a larger population both in connections and in resources through the implementation of our E-blast program. This monthly mass email notice of information, workshops, activities and community events assisted us in reaching father and father into the community. Over 600 connections ranging from Older adults to community groups to health care professional received each month a listing averaging 20 sources of activities for them to participate in. It helped connect older adults and community groups to a new and wider audience and thus helped the SWSRC gain more respectability and a growing interest in participating in the program.

As the SWSRC looks towards the future and ensuring, we stay relevant and resource that can be accesses by all, the Board decided that we would engage in a series of community conversations. The purpose of this was to connect with the community and develop a path of action based on direct input from those in the community.

From this information we will find out what it is the community really needs and how best to communicate with our constituents, as we are a ground up organization. Looking to the future the SWSRC will continue to look for new and engaging ways to connect, support and inform! I look forward to the opportunities ahead!

Submitted by

Martin Landy Seniors Resource Coordinator

Board Development Committee Report 2018-2019

"Be a ChangeMaker in the lives of Older Adults"

At the April 18, 2018 Board Meeting it was suggested that a **Board Development Committee** be created to replace the nominations committee. At the January 9, 2019 Board Meeting it was further suggested the Board Development committee operate year round as a standing committee empowered to recruit, recommend, develop and train new volunteers.

At the Board Meeting of February 13, 2019 it was moved that the **"Board Development Committee will replace the Nominating Committee and that terms of reference be developed."**

The committee was struck with committee members: Denise Bowker as Chair, Geri Lowe as Secretary, Syva-Lee Wildenmann and Gerri Thorsteinson. Our Resource Coordinator, Martin Landy is an ex-officio member of this committee.

Our first meeting was held on May 6, 2019, where we revised and approved the proposed draft framework for the **Terms of Reference**, which was approved by the Board as of May 1, 2019 along with all the other committee Terms of Reference. We will continue to refine the TOR over the coming months and revise accordingly.

Our role is "focused on ensuring continuity of leadership of the board, the skills required by Board members, determining the make-up and potential gaps in skills required in current and potential board members."

Having only held a few meetings, we reviewed the summary of the Skills Matrix self-assessment completed recently by Board members. This provides a stepping stone for assessing present and future Board composition, leadership, training requirements and performance reviews in light of our upcoming Fall 2019 Strategic Planning sessions.

Presently, we are well on our way to revising our Volunteer Application package, clarifying the key steps in recruiting, screening, interviewing and recommending applicants to the Board for consideration and confirmation, then of course, orientating and getting new volunteers 'on board' as quickly as possible. We thank the committee members for diving in and getting started!

SWSRC is at a Tipping Point of Change

We are seeking new Board and Committee volunteers for 2019-2020 who are ready to participate in an active, working Board and **"Be a ChangeMaker in the lives of Older Adults"**.

ChangeMaker: meaning one who desires change in the world and, by gathering knowledge and resources, makes that change happen.

Respectfully submitted, Denise Bowker **Chair, Board Development Committee**

Board Governance Committee Report 2018-2019

At the April 18th, 2018 Board Meeting it was recommended that a **Governance Committee** be struck to review and improve governance practices, clarify roles, reporting processes, policies and decision-making procedures.

It was also recommended that there be a review of all committees, their roles and terms of reference, and a revision of the volunteer recruitment and retention practices prior to the June 2019 Annual General Meeting.

At the Board Meeting of September 12th, 2018 members who volunteered for this committee were: Denise Bowker as Chair, Geri Lowe as Secretary, and Chas van Dyck. Our Resource Coordinator, Martin Landy is also an ex-officio member of this committee.

We held our first meeting on November 13th, 2018 and began to share information about governance models. Our first priority was to review and revise the governance foundation of the organization as described in the SWSRC By-Laws, which were distributed to Board members the next day for review and input. Committees were asked to review their Terms of Reference and all Members were asked to complete a **Skills Matrix** self-assessment of personal skills, to identify the existing member skills and what skills and experience we need going forward. The results received from the Matrix exercise was compiled and forwarded to the newly formed **Board Development Committee** for recruitment purposes.

As requested, this committee created and distributed a **Terms of Reference Template** and supplied prompting questions for each category to assist committees to expand their Terms of Reference and clarify their purpose, scope, authority-autonomy, accountability, operational practices, responsibilities, goals, and objectives for each year.

This Governance Committee kicked off a busy Fall and Winter requesting engagement from all members to review how we were operating and how we intend to be operating in the future.

Over the course of six months the SWSRC By-Laws were reviewed and revised with Board member input multiple times. We thank Geri Lowe and Martin Landy for their meticulous dedication to this time consuming task. And, we are happy to report the **SWSRC By-Laws** and all committee **Terms of Reference** have been approved by the Board with the last revision date of **May 1, 2019**. Terms of Reference for all committees will continue to be refined over the coming months as they are put into practice.

Each committee for this upcoming year will be identifying their Goals and Objectives in preparation for the upcoming September Board Meeting and in anticipation of the Fall Strategic Planning sessions. We thank the committee members and the Board members for their time and contributions to achieving our initial Goals and Objectives.

Respectfully submitted, Denise Bowker **Chair, Governance Committee**

Community Outreach Committee:

The committee had a busy and productive year and met 8 times since the last Annual Meeting.

Highlights:

- Information on SWSRC's rack card was updated for the printing of 1000 copies, distributed in the catchment area. 75 rack card containers have also been purchased.
- The committee's terms of reference were reviewed by members in January 2019
- After consulting with Kathy Henderson, (Program Specialist, Healthy Aging and Seniors Care, Support Services to Seniors) last September and additional research, committee members developed a list of questions for board members to survey friends (55 years+) and associates about their issues of concern now and five years into the future. This formed the basis of an on-line survey to which 183 people responded between February 15 and March 31. The results were discussed with our facilitators, Leskiw & Associates, who were hired to lead five community consultation sessions held between April 2 - 15 at: the River Heights Community Centre, Rady Centre, Charleswood Library, Villa Cabrini and Ft. Rouge Leisure Centre. The survey questions were elaborated on in the sessions which were attended by a total of 72 participants.
- Newspaper articles by SWSRC staff and the outreach committee chairperson about the sessions were included in Canstar's Sou'Wester and Seniors Scope.
- As of February 15th notices about SWSRC services/informational brochures appear bi-weekly in the Winnipeg Free Press Growing Older listings on Friday.
- Thanks to board and committee member volunteers who assisted in the preparations for the community consultations. Thanks also to the participants at the community sessions who shared their thoughts, insights and wisdom.
- The Outreach Committee reviewed the consultants' report at a meeting on May 22 and will meet soon to discuss goals and objectives for 2019-2020.
- A huge thank-you goes to Outreach Committee members: Debbie Wolfson, Denise Bowker (secretary) and Martin Landy (ex-officio). We also welcome Louise Joutras and Fred Chernof to this year's committee.

Submitted by:

Gerri Thorsteinson

Community Outreach Chairperson

Congregate Meal Program Committee Report - 2018-19

The committee provided support to the Resource Finder in overseeing the program.

Delmar Meal Program:

Program Service area & mandate: This program serves the 2 adjacent apartment blocks: Delta Manor and Adamar Manor, and attracts seniors from the surrounding community. This program serves lunches 3 days week - Monday, Wednesday and Friday.

Meal Coordinator: Lisa Odwak has been the Meal Coordinator of this successful program since 2013. While the part time assistant position was eliminated in the previous year, in 2018-9 a dishwasher position was created in order to support the volunteers in this task, which most volunteers find physically difficult. This position is for 4.5 hours per week at a wage of \$12.00 per hour.

Meal Statistics: In this fiscal year, 5952 meals were served. This was an increase of 11.3% over the previous year. The charges for the meals at this program were held at the same rate as they had been increased during the previous fiscal year.

Costs: the total cost of food was: \$20,667.50 (\$3.47 per meal)- an increase of 4% over previous year.

Revenue: The total revenue from food was: \$37,522 (\$6.30 per meal).

Goals: The goal for this program is to sustain its current success and support greater expansion into the community.

Congratulations and thank you to the Meal Coordinator for expanding the program over previous years and maintaining it as a successful program. Good meals, a varied menu, an enjoyable atmosphere, and skilled purchasing, all lead to its success.

Respectfully Submitted,

Geri Lowe, Committee Chair

Human Resources Committee Report

September 2018 to June 2019 was an uneventful year for the Human Resources Committee. We completed the annual Performance Evaluation for our Resource Finder in October 2018 and shared our evaluation with the Board and with Martin directly. The evaluation was very positive and a few minor areas to be mindful of were noted, with agreement. There was also a salary increase and bonus initiated as a result of the successful appraisal.

In March and April 2019, the committee met to do our part in updating the Terms of Reference for our committee. This update was compiled with the other committees updates in order to remain current and participate in Board initiative.

Respectfully Submitted,
Lisa Sinnicks
Chair, Human Resources Committee

SWSRC Board Member Slate 2019-2020

<p>Denise Bowker</p>	<p>Integrative Energy Healing Practitioner, Coach, Workshop Facilitator (19+ years)</p> <p>Former:</p> <ul style="list-style-type: none"> ➤ Owner / Manager – Lockehaven Waterfront Bed & Breakfast (7+ years) ➤ Executive Director – Canadian Mental Health Association, N & W Vancouver (10 years) ➤ General Manager / Co-Owner – Kittson Investments Ltd / Singletons Hair Care (6 years) ➤ Mental Health Program Coordinator, Group Facilitator, Counselor– CMHA/WOTCH (7 years) <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Energy Healing Practitioner – Health Sciences Centre, Relaxation Room (2 years) ➤ Numerous Boards and Committees – B.C. Mental Health Services / Community Services (10 years) <p>As a 65+ senior, Denise joined SWSRC, wanting to learn about seniors' services, engage creatively with community members, and offer her consumer-driven grassroots experience. She is committed to creating healthy, empowering environments that support and facilitate the wellbeing, and optimal potential of individuals and groups – thereby building personal and community capacity.</p> <p>*Years involved with SWSRC: 1.5</p>
<p>Fred Chernoff</p>	<p>Retired (30 years)</p> <p>Former:</p> <ul style="list-style-type: none"> ➤ Grain Elevator Mgr, Dist. Mgr-SK, Staff Training Officer-Wpg Head Office-Federal Grain Ltd (20 years) ➤ Administrator-Human Resources Administrator: Safety and Health, Industrial Relations, Training & Development – Manitoba Pool Elevators (17 yrs) <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Member – Creative Retirement Manitoba (24 years) ➤ Facilitator, initiated Senior's Financial Management ShareClub-Creative Retirement MB (20 yrs) ➤ Goldwing Ambassador (assisting passengers) – Winnipeg Airport Authority (20 years) ➤ Canadian Volunteer Advisor – CESO (Canadian Executive Service Organization), making trips to Ukraine and Russia during USSR Perestroika Period in 1990s (5 trips, 170 days)

	<p>Member – ALCOA during 1990s</p> <p>President – Winnipeg Society of American Magicians (1991)</p> <p>Member – Citizens For Crime Awareness (10 years – 1990s)</p> <p>As a 90+ senior, Fred enjoys representing a seniors' perspective and contributing to the lives of senior citizens in meeting their aging challenges. He also likes applying his business management skills as necessary.</p> <p>He often asks, "What are we doing around here, how do we make necessary changes and put wheels on them, and keep them moving?"</p> <p>*Years involved with SWSRC: 14+</p>
Louise Jutras	<p>Retired (6 years)</p> <p>Former: Project Management – Federal Government of Canada (20 years)</p> <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ President: River Heights Lawn Bowling Club (new) ➤ Committee Chair: Marketing for Manitoba Bowls (new) ➤ Secretary: Red Hats Society Manitoba – Chapter 'Red-Red Robins' (1 year) ➤ Tax Return Preparer: CRA -- Community Volunteer Income Tax Program (2 years) ➤ Data Manager: Diabetes Canada – Database + Data management funds raising (5 years) <p>Louise looked at various organizations to keep her busy during her retirement. She loves working with data, computer software, and graphics which is completely different from her engineering background. Giving time to others seems a great hobby to keep the status of volunteer and to be part of community based organizations such as SWSRC.</p> <p>*Years involved with SWSRC: 1</p>
Geri Lowe	<p>Retired Executive Director – The Wellington Retirement Residence (30 years)</p> <p>Former:</p> <ul style="list-style-type: none"> ➤ Retired Nurse (6 years) ➤ Owner / Operator – Caliper Lake Lodge (11 years) <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Volunteers with Grands 'n' More Winnipeg: Working for the grandmothers and AIDS orphans of Africa. <p>Geri's involvement with SWSRC began more than 25 years ago when the Council was first being developed. First through working with seniors and now as a retiree,</p>

	<p>she sees the great need for information and support. Her commitment to the Board continues in order to enhance the lives of seniors in our community.</p> <p>*Years involved with SWSRC: 25</p>
Roberta Malam	<p>Assistant Program Director/Volunteer Program Manager – Rady Jewish Community Centre (20 years)</p> <p>Former:</p> <ul style="list-style-type: none"> ➤ Youth Director - Canadian Zionist Federation (4 years) ➤ Program Director – Travel Israel - Jewish Federation of Winnipeg (8 years) <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Coast to Coast Director - March of the Living (15+ years) ➤ Member, Coordinator - Folklorama – Israel Pavillion (12 years) ➤ Member - Holocaust Education Committee (15 years) <p>Roberta enjoys spending time with her family and reading.</p> <p>*Years involved with SWSRC: 8</p>
Gerri Thorsteinson	<p>Retired (12 years)</p> <p>Former:</p> <ul style="list-style-type: none"> ➤ Information Officer - Children's Hospital Research Foundation (14 years) ➤ Policy Analyst – Manitoba Women's Advisory Council (6 years) ➤ Editor for an Art Therapist PhD candidate <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Working In Support of Equality (WISE) – Manitoba, communications (12 years) ➤ WPL Central Library Advisory Committee member (5 years) ➤ UNPAC (United Nations Platform for Action Committee) member ➤ Wise Women committee member (10 years) ➤ Herizons magazine, founding member <p>Gerri has a background in communications and recreation, including program director at the Tache Day Centre for Seniors. She is a "news junkie", is passionate about equality for all women, writes letters to politicians/the editor of the Winnipeg Free Press, loves to swimming, and travelling off the beaten path.</p> <p>Communications and Public Relations with SWSRC</p> <p>*Years involved with SWSRC: 16</p>

<p>Lisa Sinnicks</p>	<p>Owner – The Seniors Moving Company (12+ years)</p> <p>Former:</p> <ul style="list-style-type: none"> ➤ General Manager – Riverview Community Center (2+ years) ➤ Tenant Services – Manitoba Housing Authority (8 years) <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Artist Transportation Coordinator – Winnipeg Folk Festival (21 years) ➤ Riverview Community Center Board of Directors (6 years) ➤ Transportation Coordinator – Grey Cup Festival, NHL Classic Tournament <p>Lisa has a 20 year professional background in seniors housing, education and experience in the areas of seniors' physical and emotional health, loneliness and isolation in the community, the process of change and the effects of grief and loss.</p> <p>*Years involved with SWSRC: 10</p>
<p>Chas van Dyck</p>	<p>Realtor, Royal LePage Prime Real Estate (14+ years)</p> <p>Former: Music Therapist at Deer Lodge Centre (21 years)</p> <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Organist and Choir Director - St. Ignatius Church (43 years) ➤ Present Chair - Winnipeg South Federal Liberal Association (4 years) ➤ Hospice and Palliative Care Association of Manitoba (many years) ➤ Facilitator - Heartsong Retreat (15 years) <p>Chas derives great satisfaction in working with and serving vulnerable people who need help, reducing the stress of buying and selling houses, supporting patients undergoing health care treatment and rehabilitation, and facilitating spiritual retreats for people living with HIV/AIDS.</p> <p>*Years involved with SWSRC: 13</p>
<p>Syva-Lee Wildenmann</p>	<p>Returning Officer - Elections Canada – Winnipeg South (2+ years)</p> <p>Former: Executive Director – Caregiving with Confidence (13 years)</p> <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Instrumental in forming - Manitoba Caregiver Coalition ➤ Member - Caregiver Advisory Committee (advising former Minister of Seniors and Healthy Living) ➤ Board member – Fort Garry Council for Seniors ➤ Group Facilitator – support groups for caregivers of people living with Parkinson's Disease.

	<p>Syva-Lee is married to Neil and has two adult children, both married, and one grandson.</p> <p>*Years involved with SWSRC: 14</p>
<p>Debbie Wolfson</p>	<p>Retired (5 years)</p> <p>Former:</p> <ul style="list-style-type: none"> ➤ Seniors Resource Coordinator, River East Council for Seniors (14 years) ➤ Registered Nurse – Health Science Centre (15+ years) <p>Volunteer Work:</p> <ul style="list-style-type: none"> ➤ Present Chair – Community Health and Wellbeing Program, River Heights (20+ years) ➤ Past School Board Chair, Temple Shalom Religious School (5 years) <p>Debbie enjoys working with and serving older adults. It is of special interest to her to learn about the resources and services available for older adults in the south west community area, and to assist individuals to access this information to improve their quality of life.</p> <p>*Years involved with SWSRC: 6</p>

Ex-Officio Board Member - Seniors Resource Coordinator

**Martin
Landy**

SWSRC Seniors Resource Coordinator (1.5+ years)

Former:

- Project Coordinator, Community Development (5+ years)
- Executive Director – Elmwood Community Resource Centre (5+ years)
- Manitoba Recreational Trails Association (5+ years)
- General Manager, Owner – B.D.M. Productions (special events) (20+ years)
- Career Highlights:
- Production Manager – Royal Visits to Manitoba (1984, 2002)
- Stage Manager – Winter Olympics Calgary – Opening/Closing Ceremonies (1998)
- Pyrotechnic Production – Winter Olympics Vancouver (2010)
- Founder /Technical Director–GlobalFest International Fireworks competition (7 years)

Volunteer Work:

- Member – WRHA Local Health Involvement Group (9 years)
- Vice-Chair – North Point Douglas Residents Association (7 years)
- Vice-Chair and Pyrotechnics Production – North End Community Helpers Network (5 years)
- Stage Manager – Summer Winds Music Festival (2 years)
- Stage Manager - Winnipeg Folk Festival (8 years)
- Stage Manager – Calgary Folk Festival (20 years)

Martin's passions are "My wife, 'The Lake' and my dog!"

*Years involved with SWSRC: 2