

For Your Information #3: *Housing*



SOUTH WINNIPEG SENIORS RESOURCE COUNCIL

An information and referral hub

connecting older adults with community resources

www.swsrc.ca

The Complete FYI Series

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Seniors Housing

Disclaimer: A&O Support Services for Older Adults

The A&O Housing Directory contains comprehensive housing options for older adults. The Directory is available on line for free at www.ageopportunity.mb.ca. It is also available in print for \$8 plus shipping and handling. For more information, call 204-945-6440.

Housing Options

A wide variety of housing options are available to meet the financial and lifestyle requirements of older Manitobans. The following explanation will aid in understanding each option:

1) Condominium

Each person owns a unit of a multi-unit project and has joint ownership of areas such as the roof and stairways. A monthly fee is paid for maintenance.

2) Cooperative Housing

Individuals become members of a non-profit cooperative corporation, entitling them to a unit in the building. Decisions on property management are controlled collectively by the co-op members. Each member is expected to contribute some time and energy to the life of the building.

3) Life Lease

Resident financed housing, usually beginning with a non-profit corporation developing a housing project. Seniors buy into the project and receive a life-long lease of a unit.

4) Manitoba Housing Authority

People 55+ and have a low income, may be eligible for subsized housing. Rent is based on a percentage of gross monthly income. Call 204-945-4663 for application inquiries.

Housing Options (cont.)

5) Assisted Living

Assisted living refers to independent living with a service package such as meals, light housekeeping and laundry. On-site supervision and assistance may or may not be provided by the sponsor.

6) Non-Profit Housing

Affordable housing that is provided or managed by incorporated housing associations. Restrictions regarding tenant eligibility, rent levels and subsidies differ depending on the project.

7) Private Enterprise Housing

Built and managed by private business interests. Not affiliated with the government.

8) RentAID

204-945-2197

Low income seniors renting in the private market may be eligible for financial assistance under RentAID. For more information, contact RentAID.

Housing Assistance

A&O Support Services for Older Adults

204-945-6440

A&O has a Housing Program that provides older adults with one-on-one consultation and group presentations to assist with the selection of appropriate housing options. Call for more information and/or for an appointment.

Housing with Postal Code R3L

64 Nassau Street North

204-982-2000

Address: 64 Nassau Street N

Managed by: Murdoch Management Inc.

Website: www.lifelease.ca

Housing with Postal Code R3L (cont.)

Deaf Centre of Manitoba

204-284-0802

Address: 285 Pembina Highway

Email: Ashley.derkacz@bethania.ca

- Subsidized rent available
- Meal program available

Fort Rouge Ecumenical Apartments

204-284-5801

Address: 400 Stradbrook Avenue

- Subsidized rent available
- Grocery delivery available

Fred Tipping Place

204-945-4663

Address: 601 Osborne Street

Apply to: Manitoba Housing 204-945-4663

- Subsidized rent available
- Meal program available
- Grocery delivery available

Riverborne Seniors Place

204-949-2882

Address: 324 Stradbrook Avenue

Email: info@whrc.ca

Managed by: Winnipeg Housing Rehabilitation

Website: www.whrc.ca

- Subsidized rent available

South Osborne Housing Co-op

204-942-0991

Address: 360 Osborne Street

Managed by: S.A.M. Management Inc.

Website: www.sam.mb.ca

- Subsidized rent available

Housing with Postal Code R3L (cont.)

Thorvaldson Care Centre

204-452-4044

Address: 495 Stradbrook Avenue

- Intermediate care facility.
- Lease is month to month.

Villa Cabrini

204-982-2000

Address: 433 River Avenue

Managed by: Murdoch Management

- Not wheelchair accessible
- Meal program available

Housing with Postal Code R3N / R3M

Bethel Place

204-284-3762

Address: 445 Stafford Street

Managed by: Bethel Mennonite Care Services

Email: bethel.place@shawcable.com

- Subsidized rent available
- Meal program available
- No smoking

Lindenholm Place

204-489-1398

Address: 885 Wilkes Avenue

St. John's Haven Inc.

204-284-2422

Address: 1015 Grant Avenue

Email: sjhaven@mymts.net

- Not wheelchair accessible
- No smoking

Shalom Gardens Housing Co-op Ltd.

204-452-1924

Address: 360 Wilton Street

- Subsidized rent available

Housing with Postal Code R3N / R3M (cont.)

Villa Nova Senior Home

204-489-8648

Address: 1035 Wilkes Avenue

Email: jnasuti@shaw.ca

- Subsidized rent available
- Meal program available

Haven Two

204-942-0991

Address: 1 & 21 Boulton Bay

Managed by: S.A.M. Management

- Subsidized rent available
- No smoking

Housing with Postal Code R3P

Columbus Courts Inc.

204-982-2006

Address: 253 Edgeland Boulevard

Email: Brenda@lifelease.ca

Managed by: Murdoch Management Inc. (204-982-2000)

- Subsidized rent available
- Not wheelchair accessible

Lindenwood Manor (Assisted Living)

204-475-9990

Address: 100- 475 Lindenwood Drive E.

Email: property@lindenwood.ca

Website: www.lindenwood.ca

- Meal program available
- No smoking

Lindenwood Terrace (Assisted Living)

204-489-2112

Address: 490 Lindenwood Drive E.

Email: property@lindenwood.ca

Website: www.lindenwood.ca

- Meal program available
- No smoking

Housing with Postal Code R3P (cont.)

Portsmouth Retirement Residence (Assisted Living) **204-284-5432**

Address: 125 Portsmouth Boulevard

Managed by: Revera Retirement Residences

Website: www.reveraliving.com

Email: retirementinfo@reveraliving.com

- Pet-friendly
- Meal program available
- No smoking

The Waverley Retirement Community (Assisted Living) **204-487-9600**

Address: 857 Wilkes Avenue

Email: thewaverley@reveraliving.com

Managed by: Revera Inc.

Website: www.reveraliving.com

- Pet-friendly
- Meal program available
- Grocery delivery available
- No smoking

Shaftesbury Park Retirement Residence (Assisted Living) **204-885-7272**

Address: 905 Shaftesbury Boulevard

Managed by: All Seniors Care Living Centre

Email: rlindquist@allsenior scare.com

Website: www.allsenior scare.com

- Pet-friendly
- Meal program available
- Grocery delivery available

Housing with Postal Code R3P (cont.)

Sterling House (Assisted Living)

204-489-4745

Address: 909 Wilkes Avenue

Managed by: Homestead Manitoba Ltd.

Website: www.homesteadmanitoba.ca

- Meal program available

The Parkway (Assisted Living)

204-487-8500

Address: 85 Paget Street

Website: www.theparkway.ca

Managed by: Marwest Management Canada Ltd. (204-947-1200)

- No smoking
- Meal program available

Housing with Postal Code R3R

Assiniboine Links (Assisted Living)

204-897-6854

Address: 4025 Roblin Boulevard

Email: assiniboinelinks@shaw.ca

- Pet-friendly options
- Meal program available

Manitoba Eastern Star Chalet

204-889-3687

Address: 13-525 Cathcart Street

Email: chalet@oesmanitoba.ca

Website: www.oesmanitoba.ca

- No smoking
- Not wheelchair accessible
- Grocery delivery available
- Meal program available

Housing with Postal Code R3R (cont.)

Swedish Canadian Home For Senior Citizens

204-832-4040

Address: 5419 Roblin Blvd

The Wellington (Assisted Living)

204-831-0788

Address: 3161 Grant Avenue

Managed by: Revera Retirement Residences

Email: thewellington@lrc.ca

Website: www.reveraliving.com

- Pet-friendly options
- Meal program available
- Grocery delivery available
- No smoking

Notes

SENIORS RESOURCE FINDERS

(formerly Community Resource Councils)
Information and Referral Hub

Living Well
at **55+**

1. St. James Assiniboia Area - Seniors Resource Coordinator	204-987-8850 ext. 108
2. Assiniboine South Area - Seniors Resource Coordinator	204-478-6169
3. Fort Garry Area - Seniors Resource Coordinator	204-792-1913
4.* St. Vital Area - Seniors Resource Coordinator For service in French see number 13	204-254-1010 ext. 217
5.* St. Boniface Area - Seniors Resource Coordinator For service in French see number 13	204-254-1010 ext. 217
6. Transcona Area - Seniors Resource Coordinator	204-222-9879
7. River East Area - Seniors Resource Coordinator	204-667-6812
8. Seven Oaks Area - Seniors Resource Coordinator	204-612-3888
9. Keewatin/Inkster Area - Seniors Resource Coordinator	204-774-3085
10. Point Douglas Area - Seniors Resource Coordinator	204-792-2920
11. East Downtown Area - Seniors Resource Coordinator	204-803-8329
11. West Downtown/Broadway Area - Seniors Resource Coordinator	204-772-3533
12. River Heights Area - Seniors Resource Coordinator	204-478-6169
13.* Conseil des francophones 55+ - serves the French speaking population of Winnipeg	204-793-1054
14.**Middlechurch Home of Winnipeg - serves West St. Paul and East St. Paul	204-336-4126

Seniors Resource Finders (SRF) help link and refer older adults 55+ to community supports, programs and services. Services vary from community to community based on identified needs; however, some common services are:

- E.R.I.K. (Emergency Response Information Kit)
- Escorted transportation and other transportation options
- Yard and home maintenance referral program
- Networking and community outreach
- Congregate meal programs
- Educational materials and community presentations



Winnipeg Regional
Health Authority
Créer la santé
Offices régional de
santé de Winnipeg
A l'échelle de notre santé



Who we are:

South Winnipeg Seniors Resource Council (SWSRC) is a non-profit information and referral hub connecting older adults with community resources to assist them in daily living.

Who we serve:

- Adults 55+ living in accommodations ranging from private dwellings to personal care homes
- Families, friends and caregivers of older adults

Where we serve:

In the communities of Charleswood, Crescentwood, Fort Rouge, Lord Roberts, Osborne Village, River Heights, Riverview and Tuxedo.

Contact Us:

117 – One Morley Ave, Winnipeg, MB R2L 2P4
204-478-6169 resources@swsrc.ca

***** Disclaimer *****

Information in the FYI Brochure is for reference purposes only and is not an exhaustive list of services available.

SWSRC does not take responsibility for the services provided.